

## Goal Setting, Affirmations and Personal Vision

Why are some goals achieved, while others continue to elude you?

Do affirmations really work?

How do you **CREATE**, and then **LIVE** your life vision?

### *In this seminar you will:*

- Gain **CLARITY** and **FOCUS**
- Begin the process of a **PERSONAL VISION** (or fine-tune the one you already have)
- Learn to set **EFFECTIVE GOALS** and use affirmations to create the life you **DESIRE**, and **DESERVE!**



Belief Re-patterning™ Seminars are developed by Suze Casey, MEd and delivered by trained seminar facilitators. They are usually 2.5 to 3 hours in length and vary in cost.

For specific dates and times, view the events [calendar](#) or email [info@beliefrestructuring.com](mailto:info@beliefrestructuring.com) to arrange a seminar in your area.

*I have gone from working in a high-stress downtown office, to going back to school studying Nutrition... at the 'tender' age of 46*

*-Sandra, Calgary, AB*



THIS YEAR IS GOING TO BE  
DIFFERENT