

Learning to think ‘outside the box’

It has been said that we all live in a box. The instructions for how to get out of the box are written on the outside, however most of us continuously ask others in similar boxes how to become free.

Only by working with someone outside of the box can we gain the perspective to move forward.

This seminar will assist you in moving from the victim in the box to become your own “outside of the box” observer.



“Belief Re-patterning™ has helped me to change my life and to see that I have choices. I can either be a victim or take responsibility for where I go and what I do in life. Thank you so very much for the work that you have done and for having the courage to move forward with it.”

-Tobi-Lynn V. Lethbridge, Allberta

Belief Re-patterning™ Seminars are developed by Suze Casey, MEd and delivered by trained seminar facilitators. They are usually 2.5 to 3 hours in length and vary in cost.

For specific dates and times, view the events [calendar](#) or email info@beliefrestructuring.com to arrange a seminar in your area.