

The Basics of Belief Re-patterning™

Pre-requisite:

1. Experience one or more Belief Re-patterning™ sessions with a Practitioner, or Practitioner-in-Training. This increases your effectiveness in absorbing the information during the course.
2. Attend “Flip Your Switch – from Inner Critic to Inner Coach” an introduction to Belief Re-patterning™ (\$269 valued offered complimentary to “Belief Re-patterning™ Basics” registrants from 9:30 – 4:00pm first day prior to Basics course beginning at 6:30pm)

Content: You'll learn to use the Belief Re-patterning™ technique primarily for yourself, as well as how to introduce the technique to family and friends in a casual setting. We'll also touch on the possibilities for creating your own Belief Re-patterning™ practice, along with what your annual Licensing includes.

- Quickly identify the core holding any limiting belief in place without having to probe, dig through or re-live traumatic events
- Rapidly shift your thoughts from believing you can't (or won't, or shouldn't) to knowing you can and will and are!
- Use both your Conscious and Sub-conscious mind to integrate Belief Re-patterning™ into your thought processes

Includes: Your course workbook, *Conscious Choices*, *Realized Dreams*, *PathWays to Patterns* and *PocketFull of Possibilities*

- 2 follow-up group calls (30 minutes)
- 2 one-on-one sessions (50 minutes) with two Practitioners or Practitioners-In-Training
- 4 (15 minute) individual mentoring calls with your PCT Mentor

Investment: \$1547.00 +GST

This course is 18 hours and runs weekends- Friday evening, Saturday and Sunday all day. For upcoming dates, locations and registration visit the events [calendar](#).